

MOVE 1 SUPERVISION GROUP

Dates: TBD (based on what works for the group)

Starting Jan/Feb 2021

Once a month, 5 sessions

Cost: \$200 for 5 90-minute sessions (max 5 participants)

**To Register or for questions: email Jennifer Szolnoki at
jennifer@tworiverscoaching.com**

Details: See below

**Some group supervision hours
count towards certification**

More Info:

This group offers support to help you grow in EFT. It is designed to help you learn the model, make it your own, feel like you know where you're going, and feel more confident in your work. There are so many skills involved in Move 1, including:

- starting the session and feeling comfortable being directive when you need to
- identifying and naming what's happening between the couple and inside each partner
- being able to pull back and name the process that's happening in the room
- keeping the attachment frame
- identifying the cycle, so you can decide where to drop your anchor and dive into Move 2

This group is customized to YOUR needs. Please contact Jennifer to let her know what you're looking for and needing.

About Jennifer:

Jennifer Szolnoki, LCSW, Certified EFT Therapist and Supervisor in Training. She is on the board of the Portland Center for Emotionally Focused Therapy and has been a social worker and therapist for over 15 years. Jennifer is actively involved in becoming an antiracist therapist/supervisor. Pronouns she/her/they/them.

